



CURRICULUM VITAE

| 1. Personal Information | |
|-----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Name: | Dr. UPMESH KUMAR |
| Designation: | ASSISTANT PROFESSOR |
| Department: | SOCIAL WORK |
| School: | SOCIAL SCIENCES |
| Address: | Department of Social Work Mahatma Gandhi Central University, (MGCU) Gandhi Bhawan Campus, Bankat, Motihari, East Champaran, Pincode-845402, Bihar, INDIA. |
| Specialization | Medical Social Work, Current Social Concerns, Health Psychiatric Social Work, Disability and Social Work, Industrial Relations and Personnel Management |
| Research Interests: | Health Issues, Major Social Problems, Psycho-Social Issues, Industrial Relations, HRM, Labour Problems, Welfare Programs |
| Mobile No.: | +91-7320920974 |
| Email ID (Official & Personal) | 1. upmeshkumar@mgcub.ac.in (official) 2. talwarmsw@gmail.com (personal) |



2. ACADEMIC QUALIFICATION:

| Degree | Year | Institute / University |
|---------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Ph.D. in Social Work | 2023 | Department of Social Work, Bundelkhand University, Jhansi, U.P. India |
| M. Phil in Psychiatric Social Work | 2010 | Ranchi Institute of Neuro-Psychiatry & Allied Sciences (<i>RINPAS- A Govt. of Jharkhand Health Institute</i>) Ranchi University, Jharkhand, India |
| PGD Diploma in Industrial Relations and Personnel Management (IRPM) | 2008 | Bhartiya Vidya Bhavan (BVB), New Delhi, India |
| M.A in Social Work | 2007 | Indore School of Social Work (ISSW), DAVV, Indore, M.P. India (Specialization – Medical & psychiatric) |
| B. A. (H) Social Work | 2005 | Delhi University, Delhi, India |

3. ANY OTHER QUALIFICATION:

- ✓ **Qualified UGC-Net in Social Work in 2007**
- ✓ Completed 4 Weeks "**Orientation Course**" from UGC-JNU, New Delhi from
05th March - 29th March 2019
- ✓ Attended Two Workshops in the year 2020

4. PROFESSIONAL EXPERIENCE:

| Organization /Institute/University | Position Held | Duration |
|-----------------------------------------------------------------------------------------------------|---------------------------------------|--------------------------------------------------------------------------|
| Department of Social Work Mahatma Gandhi Central University Motihari, Bihar | Assistant Professor | 3rd Oct 2016 to Till Date (Present Job Status) |
| Govt. Rehabilitation Institute for Intellectual Disabilities (GRIID) Sec-31, Chandigarh, U.T. | Social Worker | 15 th Dec. 2014 to 30 th Sept. 2016 |
| M.P.E. College, under M.J.P. Rohilkhand Bareilly University. U. P. India. | Assistant Professor in Social Work | 05 th Aug. 2013 to 12 th Dec. 2014 |
| Department of Social Work Central University of Himachal Pradesh, Dharamshala, Kangra, H.P. | Assistant Professor in Social Work | 15 th Oct. 2010 to 31 Dec. 2012 |
| Department of Psychiatry, PGIMER- Dr.RML Hospital, New Delhi-110001 | JRF- Psychiatric Social Work | 5 th Aug. 2010 to 13 th Oct. 2010 |

5. ADMINISTRATIVE ASSIGNMENTS:

| Position Held | Duration | Nature of Work |
|---------------------------------------------------------------------------------------|------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| Member of Flying Squad | MGCUB Examination 2017 | Monitoring Frisking, Inspections of Examinations Centers / Halls |
| Deputy Proctor, MGCUB | MGCUB – 2017-2018 | Handling Students Grievances, |
| Member of Centralized Admission Committee | Admission-2018 | Admission Counselling of Students of the different disciplines |
| Member of Anti-Ragging Squad | MGCUB: 2017- 2018 | Dealing the Anti-Ragging Cases & Inspections |
| Convenor, Ambience Committee | MGCUB: 2017-2018 | Ambiance Activities & Renovation Work |
| Coordinator, Centralized Admission Committee | Admission - 2019 MGCUB | Admission Counselling of Students & Documents Verification etc. |
| Assistant Centre Superintendent (ACS- Exam) | Examination- 2019 MGCUB | Conduction of University's Examinations (MGCUB) |
| Field Work and Placement Coordinator Department of Social Work | 2016 – 2019 MGCUB | Fieldwork Internship and Job Placement of MSW Students |
| Member , University's Annual Report Committee | MGCUB- 2019-2020 | Assisting & Compiling the Annual University Report |
| Assistant Centre Superintendent (ACS- Exam) | End Sem Examination: Sept. 2022 | Execution of Examination of Master of Social Work (MSW) Program |
| Convenor , University Level Career Counselling and Placement Cell, MGCUB | From August 2022 to till Date | Placement meeting, Correspondence with Organizations Training / Internship Programs Circulations of Jobs Advertisement |
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| Placement Coordinator Department of Social Work, MGCUB | July 2023 to till date | Handling Students' Job Placements through Campus Recruitment Drive |
| Member of Research and Development Cell (RDC) | MGCUB: 2023 | Committee 3: Collaboration & Community Ref: 8-1/MGCU/RDC/2022 |
| Member in NEP Committee | MGCUB-2023 | Implementation of NEP in the University System |
| Member of Academic Council (MGCUB) AC Member | 5 th July 2023- July 2025 | AC Member for 3 Years (as per seniority) for Academic Activities |
| Member, Quality Indicator Framework (QIF) under IQAC Cell, MGCUB | 27 th July 2023 to till date | Evaluation and Examination of Quality Indicator Measurements |
| Other Extra Assignments and Duties Out Side the University: | | |
| Election Duty from Election Commission of India: Performed as a Sector Magistrate, Micro-Observer (2018), Patrolling Magistrate (2020) | | |
| National Testing Agency (NTA): Performed the Duty as an Observer (6 Times) for JEE, NEET, and CUET | | |

6. COURSES TAUGHT AND DESIGNING OF SYLLABUS:

| | |
|------------------------------|------------------------------------------------------------|
| Social Case Work | Sociological Concepts and Social Problems |
| Social Group Work | Human Rights and Social Work |
| Medical Social Work | Foundation of Social Work Profession |
| Psychiatric Social Work | Industrial Relations and Personnel Mgt |
| Disabilities and Social Work | OB & HRM |
| Human Growth & Development | Geriatric Social Work |
| Social Work Research | Forensic Social Work (To be Designed & Teach) |

7. RESEARCH SUPERVISION:

- A. Ph.D.:
- B. Non-Degree Oriented (Master's Level Dissertation): Yes
- i. Awarded: 18+

8. CONTRIBUTION TO CORPORATE LIFE OF THE UNIVERSITY:

- Member of the Admission and Entrance Examination Committee
- Member of Anti-Ragging Committee, MGCUB
- Member of the Annual University Report Committee, MGCUB
- Managing the Printing of Gazette Notifications of the University's Ordinances
- Convenor and Member of the Ambience Committee, MGCUB
- Special Invitee to the School Board and in the Board of Studies, Social Work
- Contributed to Organizing Cultural and other events
i.e., Foundation Day, Conferences, Workshop and Seminars of MGCUB
- Managing the Internship and Job Placements Department as well as University Level
- Designing Syllabus, Invigilation Duties, Setting Question Papers, and Result Compilation
- Member of Research Development Cell, and Correspondence Rapporteur, NEP Committee 2023.
- Contributed to the establishment of the Library and Listing of Books

9. MEMBERSHIP OF SOCIETIES / PROFESSIONAL BODIES:

1. Indian Society of Professional Social Work (ISPSW), 2010, (LM-416/2010)
2. Indian Association of Social Psychiatry, New Delhi, 2010, (LM-178/2010)
3. Indian Psychiatric Society, India, 2010, [LM-S-6, AM/U01/10]
4. National Association of Professional Social Workers in India (NAPSWI) 2013.

10. PUBLICATIONS & PARTICIPATION:

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|---|--------------------------------------------------------------------------------------------------|----------------------------------|
| A | Book | 01 |
| B | Monograph | 03 |
| C | Chapter Edited in Books: | 05 |
| D | Papers in Referred / Peer Reviewed Journal (National & International) | 16 |
| E | Presented and Participation in National / International Seminar, Workshop, and Conferences | Presented -05 Participated-15 |

11. NEWS PAPER ARTICLES: THE EMPLOYMENT NEWS PAPER ARTICLES: New Delhi

1. **Upmesh Kr. Talwar (2012)**, Psychiatric Social Work: An Emerging Mental Health Profession. *Employment News, VOL. XXXVII NO.38, pp- 1 & 56, 22-28 December 2012*, Govt. of India. N.D.
https://www.slideshare.net/Upmesh_Talwar/psychiatric-social-work-an-emerging-mental-health-profession
2. **Upmesh Kr. Talwar (2022)**, Mental Health & Well-Being for All A Global Priority, *Employment News, pp-2, 8-14 October 2022*, Govt. of India. New Delhi.
<https://employmentnews.gov.in/NewEmp/MoreContentNew.aspx?n=SpecialContent&k=70502>

12. INVITED TALKS:

1. Invited for conducting the "Counselling Session of School Children" of Jawahar Navodaya, (Department of School Education & Literacy, Govt. of India), Piprakothi, District- East Champaran, Bihar on 14th February 2018
2. Invited to Special Lecture in National Webinar on "Medical and Psychiatric Social Work: An Emerging Health Profession", at Indore School of Social Work, (ISSW) Indore; M.P. on 12th November 2021.
3. Invited for Special Lecture on the Occasion of "Foundation Week" of Central University of Himachal Pradesh (CUHP), Dharamshala, Himachal Pradesh, on 26th January 2023.

(Dr. Upmesh Kumar)