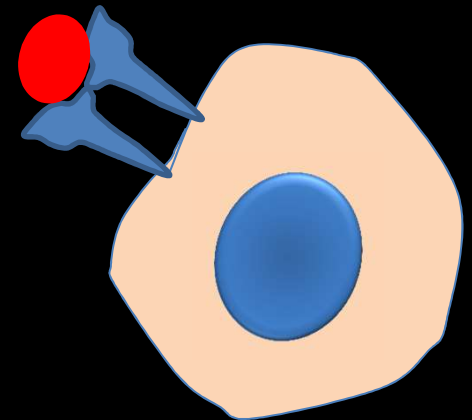




# T Cell Tolerance

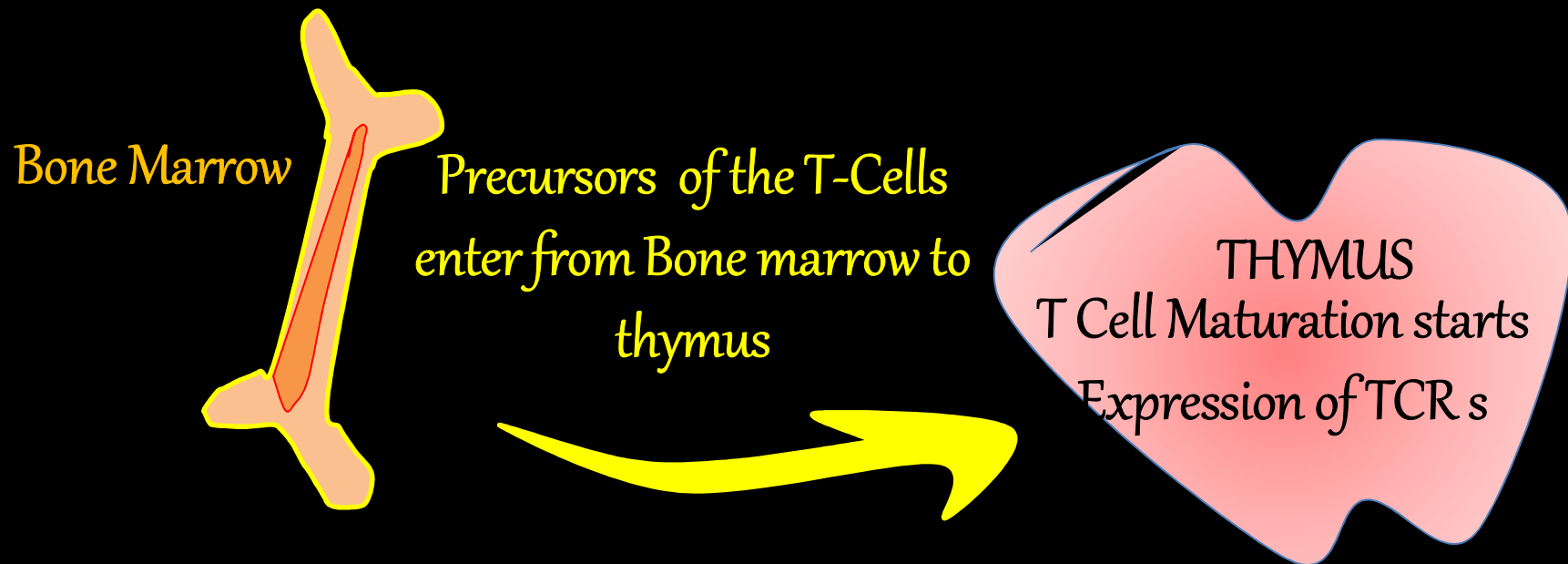
PROF. ANAND PRAKASH

Department of Biotechnology  
Mahatma Gandhi Central University  
Motihari  
Bihar



# DEVELOPMENT OF T-CELLS

- Immature T-Cells enter in the thymus after differentiating in the bone marrow.
- These T-cells undergo maturation and develop TCRs through **Somatic Recombination**.



## DEVELOPMENT OF T-CELL RECEPTORS (TCRs)

- Some of T-Cells in the thymus develop receptors which are useless with no antigen specificity and while others develop TCRs with specificity for self antigens and non-self antigens.
- Thymocytes having TCRs with low affinity for auto antigens, displayed in the MHC class I and II, undergo positive selection and further differentiate to become part of adaptive immunity, whereas the one with non-functional receptors die off because of negligence.
- Clonal deletion of T-cells with useless TCRs and high affinity receptors along with clonal diversion for development of “Treg”, are the major processes operative in the thymus towards elimination or regulation of self-reactive T cells.

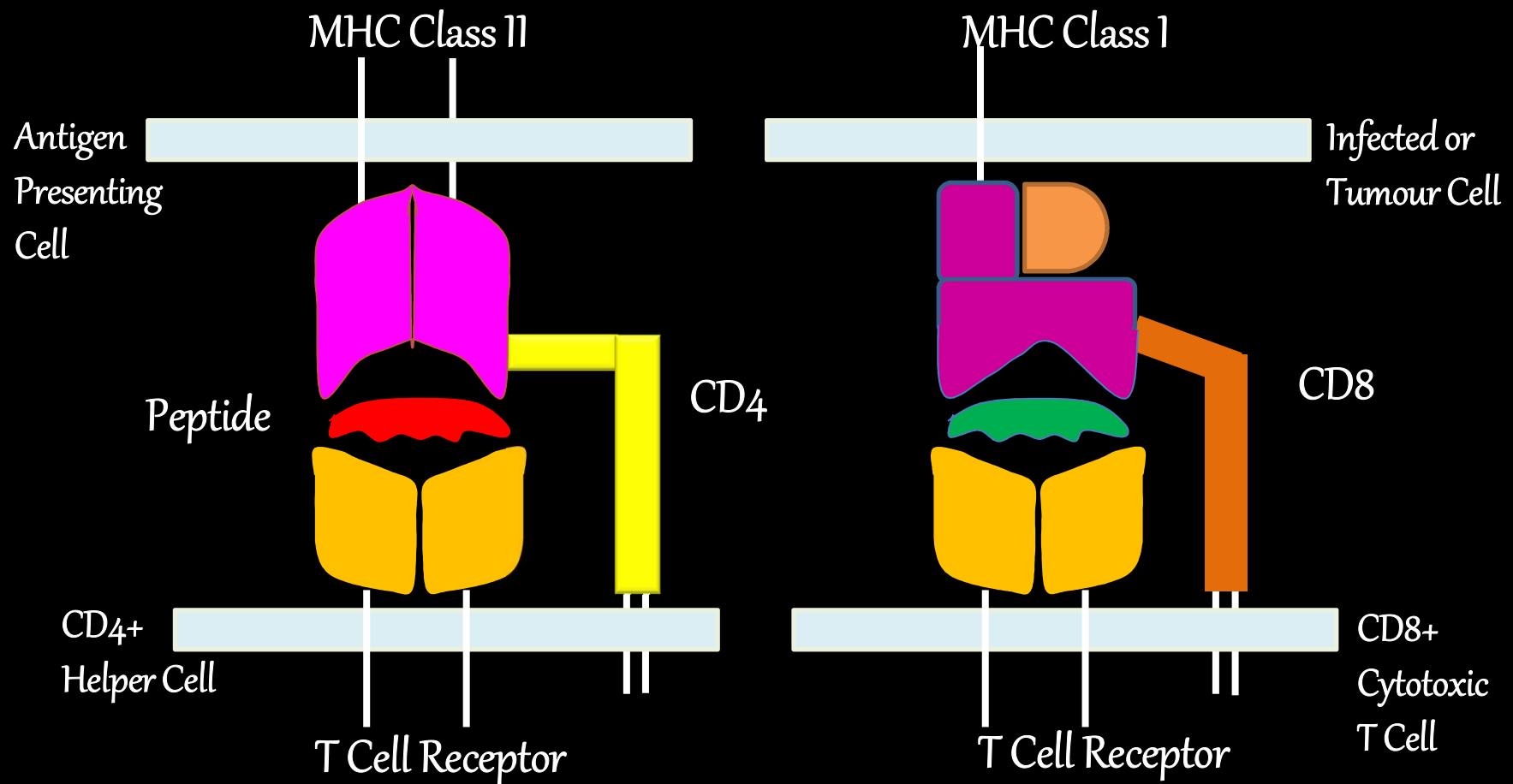
INSIDE THE THYMUS THE T-CELLS UNDERGO AN ELABORATE  
SCREENING PROCEDURE THROUGH FOLLOWING  
**3 MECHANISMS**

- Non-selection

- Positive Selection

- Negative Selection

# T CELLS RECOGNIZE ANTIGEN DERIVED PEPTIDES PRESENTED BY MHC MOLECULES

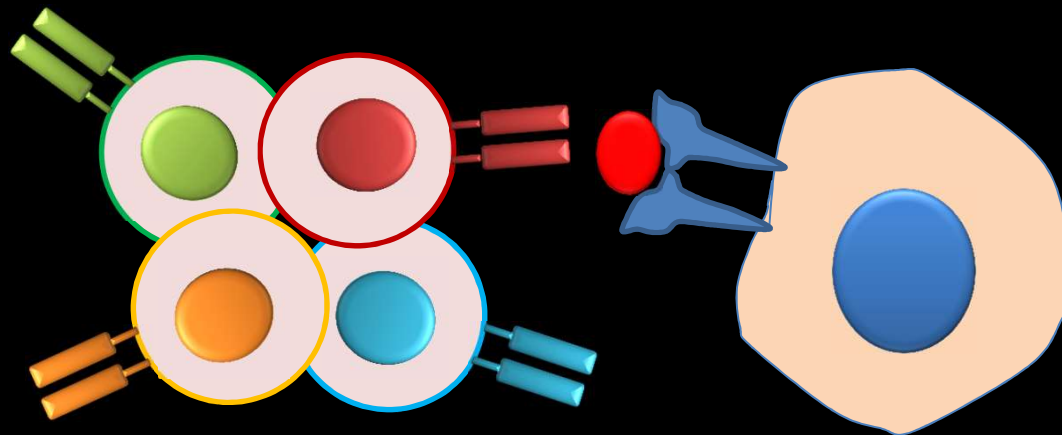


# T CELLS RECOGNIZE ANTIGEN DERIVED PEPTIDES PRESENTED BY MHC MOLECULES

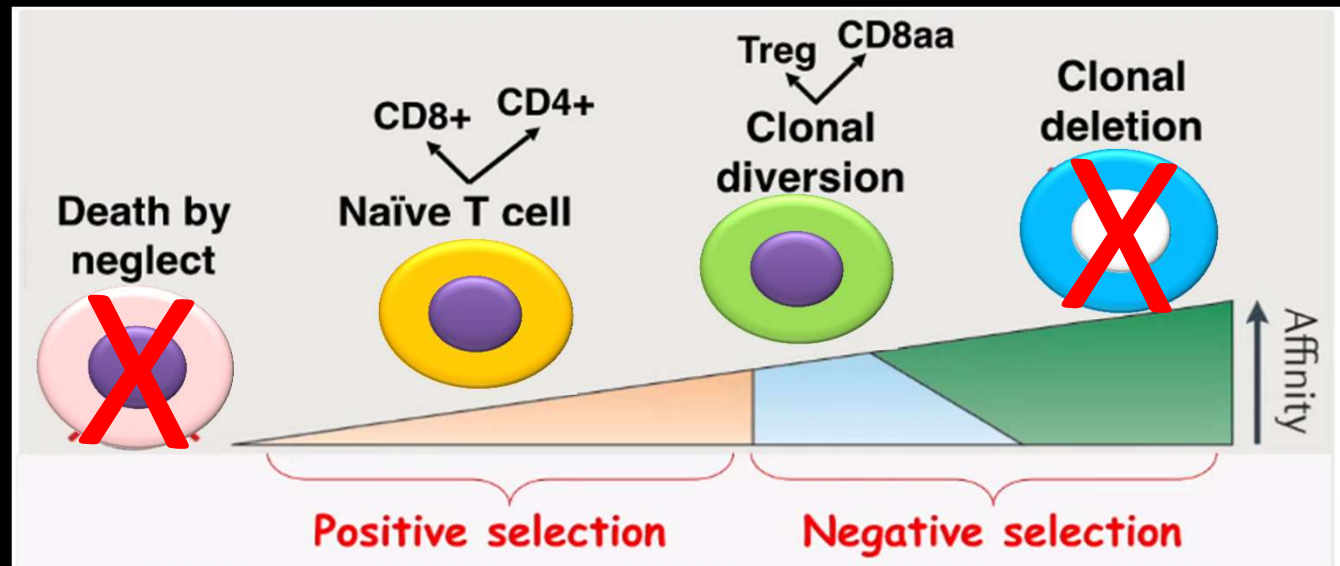
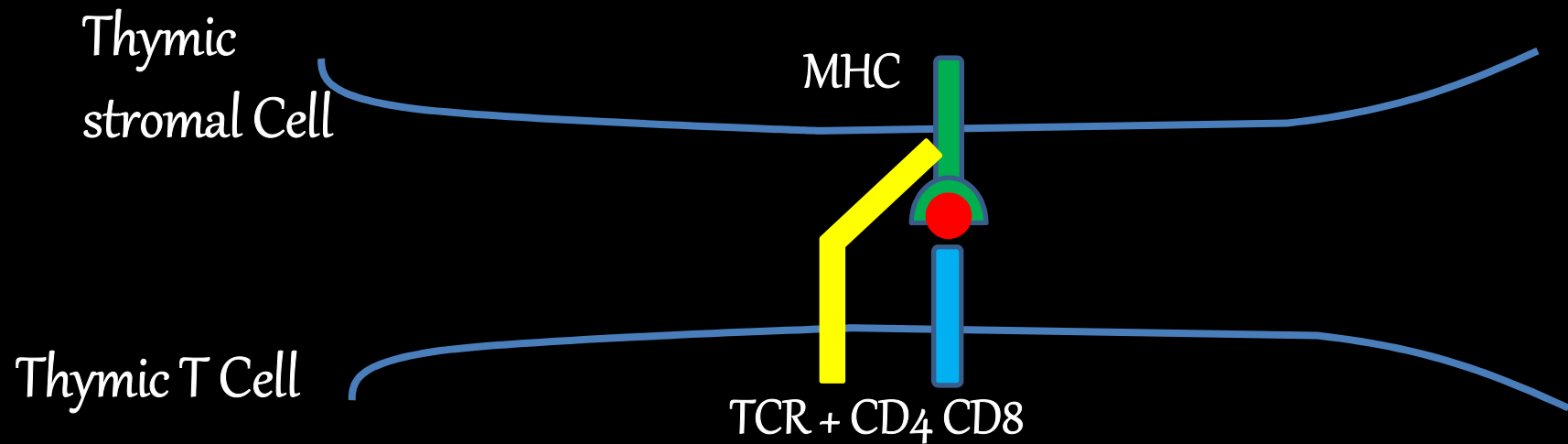
Inside Thymus

Immature  
T cell

Self Peptide: Self  
MHC complex



# THYMIC T-CELL FATE IS DETERMINED BY STRENGTH OF TCR-MHC/PEPTIDE INTERACTION



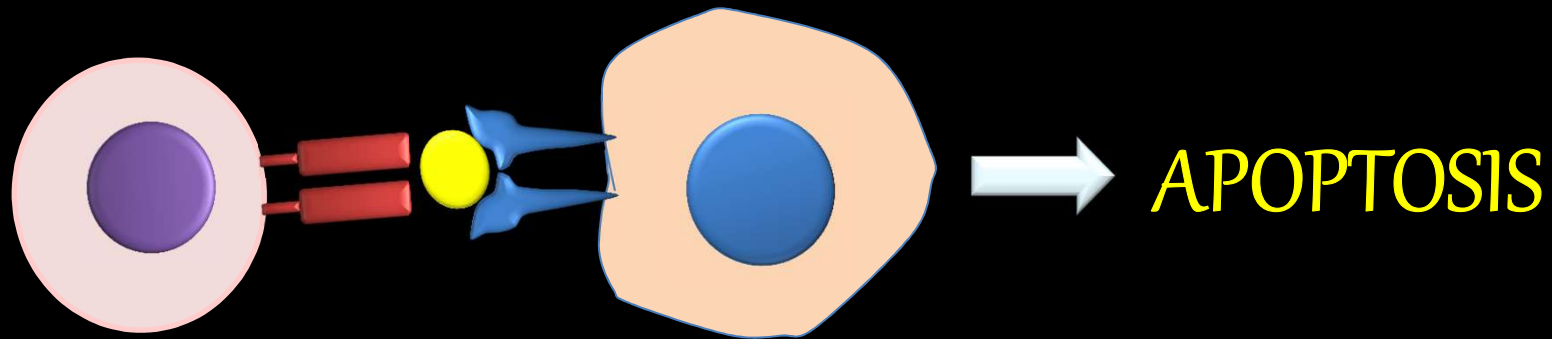
# CENTRAL T-CELL SELECTION

## NEGATIVE SELECTION

- Negative selection occurs at the Double positive stage in the thymic cortex, or at the Single Positive stage in the thymic medulla.
- T-cell receptors (TCRs) having high avidity to self-antigens (expressed on thymic epithelia) undergo apoptosis.
- Most of the T-cells undergo elimination to the extent that about  $10^9$  receptor specificities are screened in the thymus and only a fraction of the total reach the peripheral tissues.



# NO INTERACTION



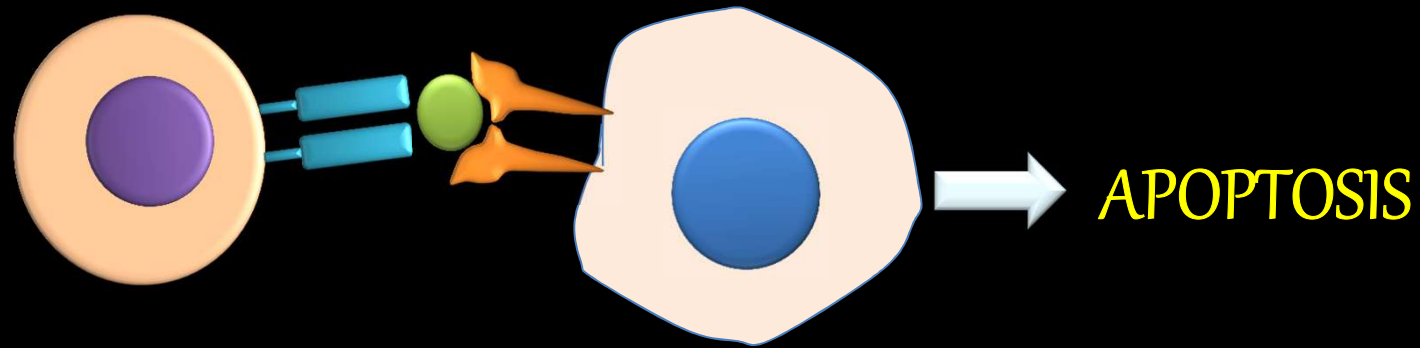
## NON SELECTION

Immature T-Cells in the thymus fail to recognize and bind  
MHC Peptide: Self MHC Complex

Non functional TCRs

Lack of receptors recognizing MHC Molecules

# STRONG INTERACTION



## NEGATIVE SELECTION

Immature T-Cells in the thymus recognize and bind  
MHC Peptide: Self MHC Complex with too strong affinity

Binding too strong

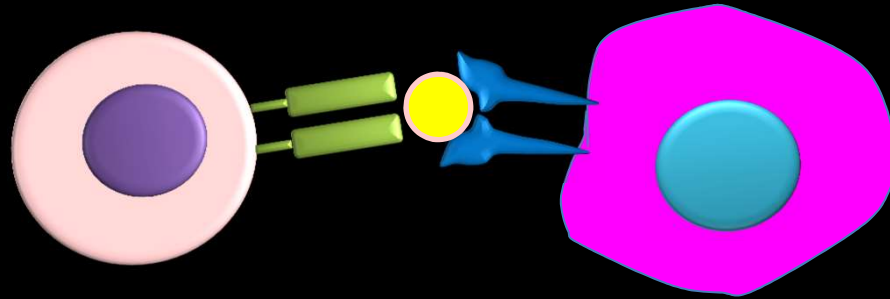
Dead Cells are phagocytised by  
macrophages in the thymus

# CENTRAL T-CELL SELECTION

## Positive Selection

- CD<sub>4</sub>-CD<sub>8</sub>- (Double negative) progenitors of T-cell make entry in the thymic cortex and their receptors get rearranged to become CD<sub>4</sub>+CD<sub>8</sub>+ (**double positive**) thymocytes.
- Both positive selection and negative selection are operative in the thymus.
- TCRs with moderate affinity to self-peptide-MHC complexes on the epithelium of the thymus survive (positive selection) while with very strong affinity undergo apoptosis (negative selection)
- If MHC II is recognised, the T-cell will display CD<sub>4</sub> and if MHC class I is recognized the T-Cell will display CD<sub>8</sub> (**single positive**).

# MODERATE INTERACTION



## POSITIVE SELECTION

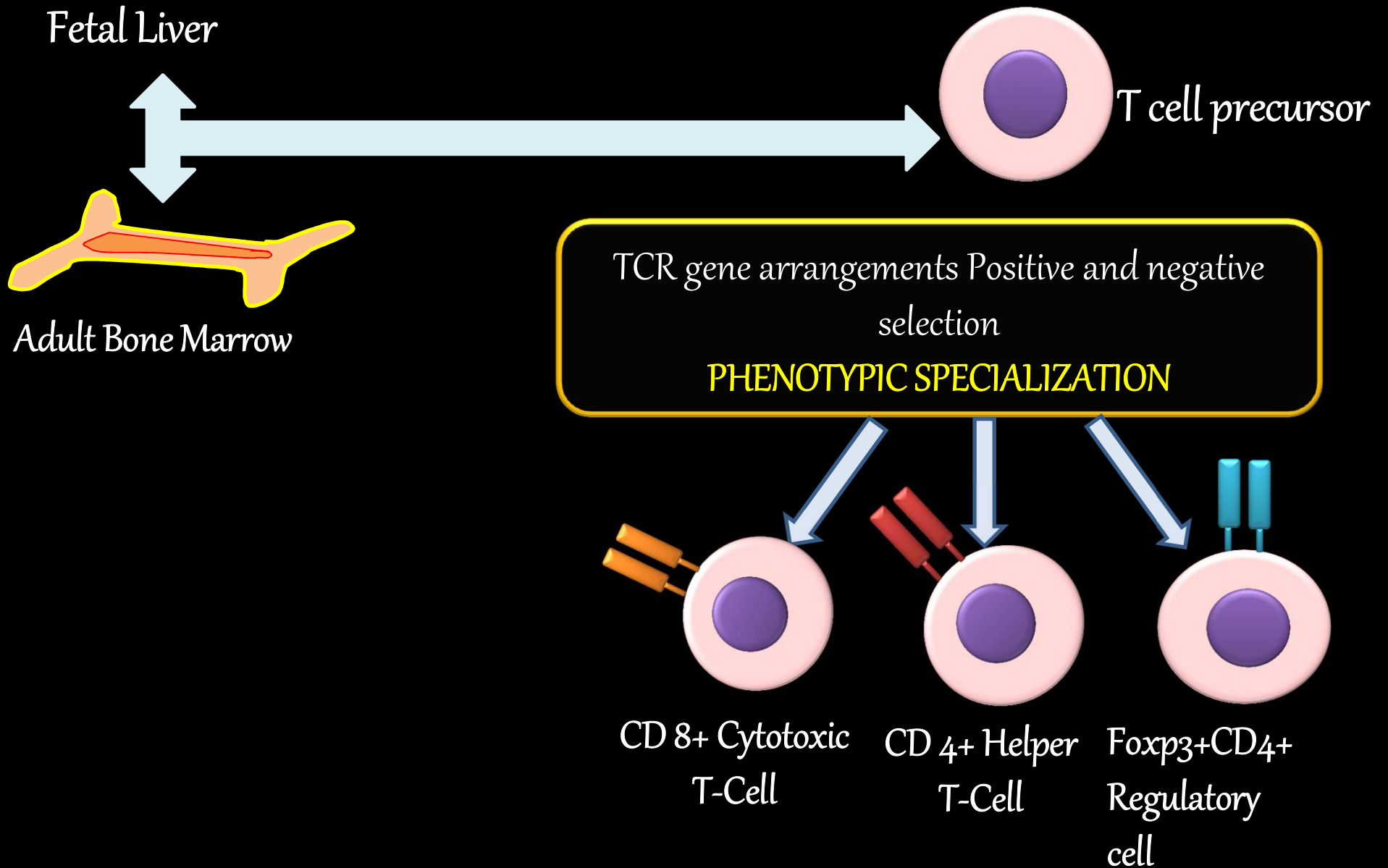
Immature T-Cells in the thymus successfully recognize and bind

MHC Peptide: Self MHC Complex

Binding is not too strong or too weak

T-cells learn to focus on Self MHC molecules ( MHC Restriction)

# SUMMARY CENTRAL TOLERANCE



# CENTRAL TOLERANCE MECHANISMS ARE NOT FOOLPROOF

- The central Tolerance mechanisms are efficient but they fail to screen out all the self-reactive lymphocytes from the ones exiting out of the thymus to peripheral lymphoid tissues.
- Thus in the peripheral tissues exist tolerance mechanisms which finally remove or prevent self-reactive T cells from activation by inducing functional unresponsive (**ANERGY**) or by deleting such cells after encounter with self-antigens outside the thymus.

# Mechanisms of peripheral T-cell tolerance

```
graph TD; A[Mechanisms of peripheral T-cell tolerance] --- B[Clonal deletion]; A --- C[Ignorance]; A --- D[Anergy]; A --- E[Immune regulation];
```

Clonal deletion

Ignorance

Anergy

Immune regulation

# PERIPHERAL TOLERANCE

## CLONAL DELETION

- The T-cell clones activated by antigen-presenting cells (APC) are eliminated by activation-induced cell death.
- Such cells express IL-2 and IL-2R for autocrine facilitation of proliferation and have elevated expression of death receptors (e.g. Fas) and their ligands.
- Ligation of Fas induces T-cell death through apoptosis by activation of caspase pathway, thereby putting an end to the immune response.



# PERIPHERAL TOLERANCE

## IGNORANCE

- Although some of the T-cell from the peripheral circulation of healthy individuals show reactivity with self-antigens *in vitro*, this does not normally occur *in vivo*.
- It is believed that such T-cells showing immuno-reactivity *in vitro* do not recognise self antigens by ignoring certain self-antigens (Ignorance).
- The T-cells *in vivo* can't react with these Self antigens as they are located in immune-privileged sites or because they have low immunogenicity.

# PERIPHERAL TOLERANCE

## ANERGY

- Anergy is a mechanism used to inactivate peripheral autoreactive T-cells by inducing non-responsiveness to cognate antigenic stimuli through non-production of IL-2 or IL-2R.
- This **ANERGY** can occur through many proposed mechanisms:
  1. By disrupting the interaction between the T-cell co-receptor CD28 and APC co-stimulatory molecules CD80/86
  2. Through negative regulation of T-Cell activation by the interaction of CTLA-4 with CD80/86.
  3. T-cells bearing CD28 get activated by APC, while T-cells having CTLA-4 tend to become **ANERGIC**.

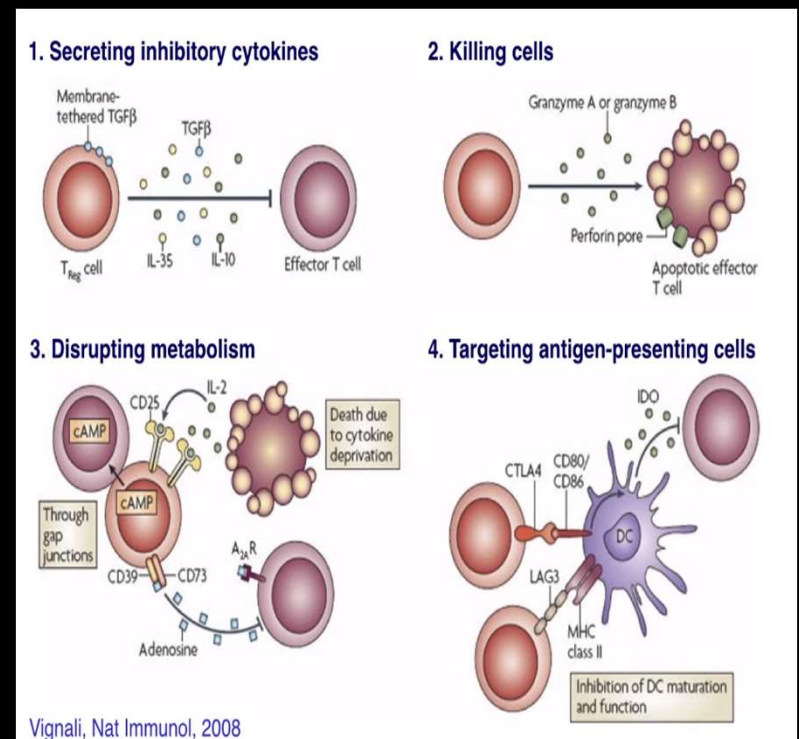


# IMMUNE REGULATION IS ACHIEVED BY THE ACTION OF “TREG’S”.

- Treg ( T-regulatory) cells are important in fine balancing the peripheral immune cell reaction by allowing certain immune reactions to proceed and inhibiting others..
- These cell are very important in maintaining peripheral tolerance and their in mice results in development of autoimmunity.
- In humans its dysfunction results in lymphadenopathy and inflammatory infiltrates having auto reactive T-cells reach in multiple organs.

# “TREGS” ALSO REGULATE MANY EFFECTOR RESPONSES OF T-CELLS

- Treg display anergic properties *in vitro*, but suppress CD4<sup>+</sup>CD25<sup>-</sup> T-cells *in vivo*, via direct cell-cell contact, or through secretion of cytokines.
- During active inflammation (e.g. infection), Treg do not prevent protective immune function.
- Induced CD4<sup>+</sup>CD25<sup>+</sup> Treg can also be activated in peripheral lymphoid organs (e.g. by TGFβ) and suppress immune responses via anti-inflammatory cytokines (e.g. TGFβ) rather than direct contact.



# “TREGS” IMPOSE CONTROL OVER

## **AUTOIMMUNE DISEASES**

IBD, type-1 diabetes, MS

## **INFLAMMATORY DISEASES**

Rheumatoid arthritis, atherosclerosis

## **ALLERGIC DISEASES**

Asthma, food sensitivities

## **GRAFT REJECTION**

---

## **TUMOR ESCAPE**

## **RESPONSES TO INFECTION**

Leishmania, Helicobacter, HIV

*Thank you*

TO BE CONTINUED.....

