Lipid Catabolism and its Disorders

Course Code: ZOOL 4008 (Biochemistry and Metabolism) M.Sc. (Zoology), Semester –II



Lipid Catabolism

•Catabolism: refers to several metabolic reactions that produce energy after breakdown complex compound into simpler compound.

 Since lipids are important source of stored energy so produced Fatty acids will participate in fatty acid oxidation.

• The breakdown of lipid to produced Energy is called lipogenesis.

Lipid Constitute 84% of stored energy

- Protein 15%
- Carbohydrate (glucose or glycogen) <1%

Steps for Lipogenesis

1. Lipolysis

- The breakdown of lipid is stimulated by cellular hormones: epinephrine, nor epinephrine and cortisol etc.
- **Triacylglycerols** (triglycerides) are the most abundant dietary lipids.
- Lipases hydrolyze triacylglycerols, releasing one fatty acid at a time, producing diacylglycerols, and eventually glycerol
- The end of the process 3 fatty acids and 1 glycerol will be releases.



Fate of Glycerol and Fatty acid releases after Lipolysis

•Glycerol arising from hydrolysis of triacylglycerols is converted to the Glycolysis intermediate: Dihydroxyacetone phosphate.

Reactions is catalyzed two important enzyme:
(1) Glycerol Kinase

(2) Glycerol Phosphate Dehydrogenase

•**Fatty acids** undergo β-Oxidation to release Acetyl- CoA.

Mechanism





Beta Oxidation of Fatty Acid

•β-oxidation of fatty acid: The break down of a fatty acid to acetyl-CoA that occurs in Mitochondria.

•It is completely aerobic Process.

•After Acetyl-CoA production, its directly involves in to **Krebs Cycle** for energy production.

•It occurs in many tissues including liver, kidney and heart except Brain.

There are following steps:

- 1. Activation of fatty acids in the cytosol.
- 2. Transport of activated fatty acids into mitochondria by carnitine shuttle.
- 3. Beta oxidation occurs proper in the mitochondrial matrix.

1. Activation of fatty acids in the cytosol

•The enzyme FA thiokinase (acyl CoA synthetase) present in cytosol and its requires ATP, CoA SH, Mg++ for the conversion of Fatty acid to FA acyl COA and water.

•Acyl CoA synthetase is a family of isoenzyme and it is specific for short, medium and long chain FA that catalyzed the production of fatty-acyl-CoA in the cytosol.

 FA- thiokinase
 Cytosol

 FA- thiokinase
 Fatty-Acyl-CoA + AMP+2Pi

2. Transport of activated fatty acids into mitochondria by carnitine shuttle

•Long chain acyl-CoA cross the inner mitochondria membrane with the help of special transport mechanism called Carnitine shuttle.

• First the Acyl groups from acyl-CoA is transferred to carnitine to form acyl carnitine catalyzed by enzyme **carnitine acyltransferase I**, in the outer mitochondrial membrane.

•Acyl-carnitine is then shuttled across the inner mitochondrial membrane by **a translocase** enzyme.

•The acyl group is transferred back to CoA in matrix by **carnitine acyl transferase II**.

Mechanism of Activated FA transport in to the Mitochondria



3. Beta oxidation of FA in the mitochondrial matrix.

• First Long chain FA-acyl-CoA transported in to Mitochondrial matrix.

 Then the Beta oxidation of Fatty acids (Saturated and Unsaturated) get start in the matrix of the Mitochondria.

•There are **four** important steps take place with help of different enzyme:



Note# Thus the breakdown of Fatty acids occurs as a repeating sequence of the above four reaction

Mechanism of β-Oxidation of Palmitoyl-CoA (C16)

•The C16 Saturated acyl CoA such as Palmitoyl CoA, completely degraded in to 8 molecules of acetyl CoA by seven round of degradation.

•The release of **acetyl CoA** leaves an acyl CoA molecule shortened by 2 carbons.

Over all reaction:

Palmitoyl CoA+7FAD+7NAD+CoA+7H₂O — 8Acetyl CoA +7FADH₂+7NADH+H⁺

Note# Animal can not produce fatty acid in to Glucose. However plant have two additional enzyme **Isocitrate Lyase** and **Malate Synthase** that convert acetyl-CoA into Oxaloacetate (by Glyoxylate Cycle).



Energetic of FA oxidation e.g. Palmitic (16C):

1.β-oxidation of palmitic acid will be repeated 7 cycles producing 8 molecules of acetyl COA.

2.In each cycle FADH2 and NADH+ H⁺ is produced and it will be transported to the **respiratory chain** where they produced ATP.

- FADH X2= 2ATP
- NADH + H+= 3 ATP

Total ATP per cycle = 5

• So 7 cycles 5x7 = **35** ATP



3. Each acetyl COA which is oxidized in citric cycle gives 12 ATP (8 x 12 = 96 ATP).

4. 2 ATP are utilized in the activation of fatty acid (It occurs once).

Total Energy gain = Energy produced - Energy utilized

= 35 ATP + 96 ATP - 2 ATP = **129 ATP**

Fatty Acid Metabolism Disorders

•Fatty acid oxidation disorders (FAODs) are a group of rare inherited disorders.

•They are caused by enzymes that do not work properly.

•As oxidation of Fatty acids takes various steps and also many enzymes are involved .

•Problems with any of these enzymes can cause a fatty acid oxidation disorder.

 CTD stands for "carnitine transporter deficiency: People with CTD have problems using fat as a source of energy for the body.

- CTD begins in infancy, and in childhood. CTD is inherited in an autosomal recessive manner.
- It affects both boys and girls equally.

Symptoms of Childs includes:

- ✓ extreme sleepiness
- ✓ behavior changes
- ✓ irritable mood
- ✓ poor appetite, and some time fever, vomiting also reported.

2. Hyperlipidemia causes abnormal renal diseases including nephrotic syndrome and chronic renal failure. In this pateints having too much LDL cholesterol in blood and not enough HDL cholesterol to clear it up.

3. Gaucher disease: It is the result of a buildup of certain fatty substances in certain organs, particularly your spleen and liver.

Gaucher disease is a rare genetic disorder characterized by the deposition of **glucocerebroside** in cells of the macrophage-monocyte system. Which is cause by deficiency of the enzyme **glucocerebrosidase**.

4. Tay-Sachs disease is a rare,

neurodegenerative disorder in which excessive accumulation of certain fats (lipids) known as gangliosides in the brain. Which is cause by deficiency of an enzyme hexosaminidase A. 5. Genetic defects in ketone body synthesis:

•Ketone bodies are acetone, acetoacetate, and betahydroxybutyrate toxic acidic chemicals.

• The Synthesis of **Ketone bodies** becomes very high, when not enough insulin produced in the blood and break down of **fat** instead of the glucose for energy in the body occurs.

 In diabetes acetoacetone form faster than normal metabolism. Hence untreated diabetes have high level of ketone bodies in the blood and smell of ketone is also observed in breath of diabetic patients.

•The formation of ketone bodies also get affected due to genetic defects in **3-hydroxy3-methylglutaryl-CoA synthase**, and **3-hydroxy-3-methylglutaryl-CoA lyase** enzymes.

References:

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• Lehninger principles of biochemistry (4th ed.): Nelson, D., and Cox, M, W.H. Freeman and Company, New York, 2005. Thank You